

# The Shepherd's Psalm



Shepherd of the Valley Lutheran Church  
A member of the Evangelical Lutheran Church in America

Volume XXVIII Issue 2

## Our Mission Statement

Making Jesus Christ real in the midst of the city.

## Our Purpose Statement

God's purpose for our church is...to be a spirit-led, Christ-centered community of love, grace, and trust that ministers to all.

## 6 Guiding Biblical Principles

- Jesus is Lord!
- Grace is freely given to all.
- We joyfully share the Gospel in word and action.
- We welcome everyone with open doors and open hearts.
- The world needs the gifts we have each been given.
- We trust God to show us the way.

## Congregation Council

### Officers

Ruth Truman, President  
Mark Francis, Vice Pres.  
Christel Scherff, Sec'y.  
Dennis Dahlen, Treas.

### Other members:

Bob Farrer  
Robin Henderson  
Brandon Johnsen  
Paul Lennarson  
Caryl Major  
Ron Pick  
Ann Sueyoshi

During this Lenten season, you are invited to renew your baptismal identities. Beginning with Ash Wednesday and continuing through the Wednesday before Holy Week, you are invited to gather with your brothers and sisters in Christ each Wednesday evening for food, fellowship, faith talk, and worship. Beginning on February 14<sup>th</sup>, people of all ages are invited to gather around tables for a simple meal together at 5:30 p.m. At 6:00 p.m., Confirmation, Children's Choirs and Kids' Club students will depart for their normal Wednesday evening activities. Everyone else will be invited to remain in Burns Hall for a time of Faith Talk and fellowship in small groups around tables. All ages will be focusing on similar themes each night, many of them relating to the Lord's Prayer. Each evening will close with common worship to which everyone is invited.

The Lenten Schedule for February is as follows:



### Ash Wednesday, February 17<sup>th</sup> Theme: "Lord, Teach Us How To Pray"

- 11:00 a.m. – 12:00 p.m. Ash Wednesday Liturgy in Sanctuary
- 5:30 p.m. – 6:00 p.m. Simple Meal for All Ages in Burns Hall
- 6:00 p.m. – 6:45 p.m. Choir and/or Kids' Club and Confirmation in their normal locations
- Faith Talk/Table Talk around tables in Burns Hall
- 7:00 p.m. – 8:00 p.m. Ash Wednesday Liturgy in Sanctuary

### 2<sup>nd</sup> Wednesday in Lent, February 24<sup>th</sup> Theme: "Give Us This Day Our Daily Bread"



- 11:00 a.m. – 12:00 p.m. Lenten Worship in Chapel
- 5:30 p.m. – 6:00 p.m. Simple Meal for All Ages in Burns Hall
- 6:00 p.m. – 7:15 p.m. Choir and/or Kids' Club and Confirmation in their normal locations
- Faith Talk/Table Talk around tables in Burns Hall
- 7:15 p.m. – 8:00 p.m. All gather for worship with candlelight around tables in Burns Hall using Holden Evening Prayer

I hope to see you each Wednesday and Sunday in Lent. You are invited...

Grace and peace,  
Pastor Adrienne Heskin

# The Shepherd's Psalm



## **FEBRUARY 7th AT 9:30 A.M. IN THE SANCTUARY**

**Please attend. Your vote is important! We will be:**

- **Approving the 2010 budget**
- **Electing Council members**
- **Voting on a bylaw change to our current fiscal year**

## **“LIVING THE QUESTIONS”**

### **New Sunday Adult Series**

Starting February 21st we are going to begin a new adult series on Sunday mornings during the Sunday School/Adult Forum hour. Each session begins with a twenty-minute video where a wide variety of scholars are interviewed about different theological topics. Each session continues with open discussion about the topic of the day. The discussions will be led by Pastor Scott, Donna Martin and others. Living the Questions is an introduction to progressive Christianity. It is for open-minded folk who want to explore alternatives to studies that attempt to give all the answers.

Living The Questions creates an environment where participants not only interact with one another in exploring the best of today's theological thought, but together try to explore what is next for Christianity. The series features 30 of today's leading religious voices. The topics in February are:

February 21st: Invitation To Journey

February 28th: Taking The Bible Seriously

March 7th: Thinking Theologically

## **SCOTT'S CORNER...**

### **SPIRITUAL DISCIPLINES**

#### **Do they work for you?**

We all need spiritual disciplines that work for us, nourish us and deepen our relationship with God. We know that Jesus went regularly to the synagogue. He retreated to the wilderness and he walked to the top of mountains. He obviously spent time reading the Hebrew Scriptures because he knew them well. We all need to find spiritual practices that nourish us and we enjoy doing. What we don't need are practices that we think we are obligated to do but really do nothing for us. Perhaps you like to sing in the shower, dig in the garden, go for a walk, take a ride, spend time playing with children or grandchildren or read the Bible. We all need to find our own unique disciplines. I like to light a candle and sit and reflect on people I am going to see this week, I like to read, I like to walk, I like to work on my herb pots, I like to talk to my wife and children and play with my grandchildren. It is always interesting how God speaks to me through these everyday kinds of things. Let's all find our own way and our own rhythm.

Pastor Scott Haasarud

## EVENTS IN THE LIFE OF SOV

**CHRISTIAN ACTION** meets Feb. 4th from 9:30 a.m.-Noon. We will assemble Valentines for the Preschool and collect new or gently used kitchen items for Vista Colina, a homeless shelter for families. There will be a devotional, fellowship, and our guest speaker will be Juanita Thompson. Please bring a wrapped white elephant gift to trade. Snacks provided.

**FIRST SUNDAY BREAKFAST FEBRUARY 7TH** Join us in Burns Hall for fellowship and food from 9:00 a.m.-11:00 a.m. The breakfast is sponsored by the Men's Ministries to benefit Habitat for Humanity.

**NEW MEMBER SUNDAY** is February 7th.

**HABITAT FOR HUMANITY DAY** is Feb. 13th. Join SOV and the NE Lutheran Coalition as we work together building a home for the Clarke family at 5410 W. Palmyra in Glendale. We start at 7:30 a.m. Contact Tom Berggren, 602.689.8000 or [tom@bendigostone.com](mailto:tom@bendigostone.com) for questions.

### GUEST PREACHER FEB. 14TH

Rev. Jan Flaaten, Executive Director of the Arizona Ecumenical Council, will be preaching and leading our Adult Education hour on Sunday, Feb. 14th

### LUTHERAN SENIORS ASSEMBLY "RALLY IN THE VALLEY XV"

Feb. 15th-16th at La Casa de Cristo in Scottsdale. "Have You Not Known? Have You Not Heard?" with Bible study leaders Pastors Marilyn Ascarza, Carol Peters, and Steve Holm. Singing with Jerry and Karin Gunderson, and great jazz and the Word with Bob Ravenscroft and Music Serving the World. Registration forms available in the church office or online at [www.lutheranseniors.org](http://www.lutheranseniors.org).

### PRESCHOOL UPDATES

- **FIRST TUESDAY EAT OUT** is Feb. 2nd at **NYPD Pizza** (1949 E. Camelback Rd.) from 11:00 a.m.-10:00 p.m. A flyer **IS REQUIRED** for our school to receive 20% of sales. Pick one up either in the church office or the preschool.
- **FALL REGISTRATION** begins March 8th for SOV families.

### RUMMAGE SALE COMING!



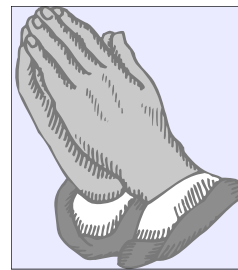
Are you having trouble closing your closet doors? Are your drawers over-flowing? Do you just have too much stuff? We have good news

for you! SOV will be having our annual Rummage Sale on **March 20th and 21st**. We are accepting donations now.

If you bag or box your clothing it would be very helpful to label the container with what type of items are inside; men's pants, women's tops, kids clothing, etc. If you need help transporting your donations to the church, or if you are interested in volunteering to help with set up, or the sale itself, please contact Wendy Harman in the church office. Proceeds go to the SOV Youth, Preschool, and Foundation Scholarship programs. We are also looking for some men with trucks to help pick up furniture and other large donations for the rummage sale. Please contact Wendy Harman in the church office.

### BLANKET/WARM CLOTHING

**DRIVE** Social Ministries Team is collecting blankets, jackets, long-sleeved shirts, sweatshirts and pants, warm socks, gloves, stocking caps and shoes to distribute to a local shelter. Gently used items are accepted, as well as new items. Bag and label donations for "Social Ministries" and drop off in the office. Thank you!



### Dial-A-Prayer

602-249-1991

A daily devotion and prayer are only a telephone call away...



### ELECTRONIC GIVING

We encourage members to sign up for online giving. It's easy, convenient, automatic, and takes the worry out of getting your offering to the church if you're traveling. Call the office for details, 602.249.1936

## The Shepherd's Psalm

### WHAT DO YOU THINK OF ??

The season of Lent will begin with the observance of Ash Wednesday on February 14<sup>th</sup>. Do you remember being marked with ashes traced in the sign of the cross on your forehead as you are reminded that you are dust and to dust you shall return? Do you remember setting aside the singing of alleluias for a time as we focus on Jesus and his journey to the cross? Do you remember singing hymns such as “Were You There?”, “Beneath the Cross of Jesus”, and “In the Cross of Christ I Glory”? All of the above are among the spiritual practices or disciplines that have been observed by many during the season of Lent. For many of us, these practices and others like them hold great meaning and can be sources or nourishment as we continue our faith journeys. For others and perhaps for some of us, we are looking for both old and new ways to be nourished in our faith journeys as we move through Lent towards the celebration of Easter.

The word “lent” comes from an old English word for spring. Originally, the season of Lent was observed as a time of preparation for those who desired to be baptized during the Easter Vigil on Holy Saturday (the day before Easter). It was a time to learn more about God and what it means to be a follower of the One who is Father, Son, and Holy Spirit. As time passed, Lent became a period that included both preparation for baptism and renewal of our baptismal identities both as individuals and as members of a community of faith. It was and still is a time for repentance – for starting anew and afresh as ones whom God has named and claimed in baptismal waters.



**SAVE THE DATE! *Wednesday, March 17th at 7:00 p.m.***

The African Children's Choir will perform in our Sanctuary in an evening of high energy worship and celebration. Volunteer opportunities are available for those who would like to assist with

their concert. Please contact Mary Dahlen at [mdahlen@sov.us](mailto:mdahlen@sov.us) or 602-301-8944. For more information on this choir, please visit [www.africanchildrenschoir.com](http://www.africanchildrenschoir.com).

## CHILDREN AND FAMILY MINISTRIES

**Children’s Worship** is the second half of both the 8:30 a.m. and 10:45 a.m. services except for the first Sunday of each month when families take communion together. During Children’s Worship, they will do activities that go along with the Gospel lesson and Jesus’ early ministries.

### Rotation Sunday School 9:38-10:38 a.m.

#### Jesus’ Early Ministries

Memory verse for February: Colossians 3:13b

“Forgive anyone who does you wrong, just as Christ has forgiven you.”

Preschool & Kindergarten— Room 7; 1st & 2nd Grades—Room 8

3rd & 4th Grades—Room 9; 5th & 6th Grades—Room 10

<b>February 7</b>	1st & 2nd grades Cooking Workshop Jesus Eats with Levi	3rd & 4th grades Community Service Healing Paralytic Man Making Stepping Stones	5th & 6th grades Bible Discovery Jesus Walks on Water
<b>February 14</b>	1st & 2nd grades Community Service Healing Paralytic Man Making Stepping Stones	3rd & 4th grades Bible Discovery Jesus Walks on Water	5th & 6th grades Cooking Workshop Jesus Eats with Levi
<b>February 21</b>	1st & 2nd grades Bible Discovery Jesus Walks on Water	3rd & 4th grades Cooking Workshop Jesus Eats with Levi	5th & 6th grades Community Service Healing Paralytic Man Making Stepping Stones
<b>February 28</b>	Movie Workshop—The Miracles of Jesus Beat the Buzzer Workshop Faith & Learning Center		

### Wednesday Night Children’s Choirs

**Cherubim Choir** (kdg-3rd grades) 6:00-6:30 p.m. in Room 8 with Pam Lang  
**Seraphim Choir** (4th-6th grades) 6:00-6:30 p.m. in Music Room with Dr. Francis

### Moose Mountain Kids Club Where Kids Build Friendships That Last Forever

**Wednesdays from 6:30-8:00 p.m.**

Kindergarten—2nd grade in Room 7 with Debbie Uebelhoer

3rd—4th grades in Room 10 with Shirley Johnson

5th—6th grades in Room 11 with Robin & Lisa Henderson

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## ATTITUDE OF GRATITUDE

### THANK YOU & BLESS YOU

Your gifts to the "Tree of Love" this year, sponsored by the Shepherd's Foundation, have provided the following additional funds to the below endowments:

Educational Scholarships and Grants:	\$ 285
Education Loan Endowment:	\$ 215
Mission and Ministries:	\$ 255
Christian Living & Teaching:	\$ 260
Campus & Facilities:	\$ 690
Children-Youth-Seniors:	\$ 140

**TOTAL = \$1,865**

## PRAYER SHAWL MINISTRY



**Orientation Meeting: Tuesday, Feb. 2nd at 9:00 a.m. in the Library**

Do you like to crochet or knit? Would you like to learn? Have you ever wrapped yourself in a shawl or a small afghan that has been made with love and remembered with thanksgiving that you are loved and accepted by another? We will be making prayer shawls to bless others with love and prayer. Bring a friend or neighbor to enjoy fellowship with others as we make shawls to give away to individuals in need of comfort or solace as well as in times of celebration and joy. As the shawls are prepared, many blessings are prayed into each and every shawl.

Shirley Mosegaard has a large box of yarn for your use and will bring extra knitting needles and crochet hooks. Knit and crochet patterns are available. Still interested but not able to attend the meeting? Call Shirley Mosegaard at 602-377-5690 for more information. You can still be part of this ministry by making shawls at home.



## WE NEED YOUR PALMS

Palm Sunday is March 28th. If you have some extra palm branches from home, please bring them to the church that Sunday. **THANK YOU SO MUCH!**

## SUNDAY TEXTS...FOR FEBRUARY



### FIRST READING

7th Isaiah 6:1-8 [9-13]  
14th Exodus 34:29-35  
21st Deuteronomy 26:1-11  
28th Genesis 15:1-12, 17-18

### SECOND READING

1 Corinthians 15:1-11  
2 Corinthians 3:12-4:2  
Romans 10:8b-13  
Philippians 3:17-4:1

### GOSPEL

Luke 5:1-11  
Luke 9:28-36 [37-43]  
Luke 4:1-13  
Luke 13:31-35



## SISTERS & FRIENDS

MISSION: MOBILIZE WOMEN TO ACT BOLDLY ON THEIR FAITH IN JESUS CHRIST

*W-ELCA purchased a \$100.00 ornament on the Shepherd's Foundation Tree of Love in memory of our sisters from Christian Action and Circles who have gone on to be with the Lord. Peace be to their memory.*



To all who helped with the **BAKE & CRAFT SALE** by bringing goodies and crafts to be sold, or gave of their time to serve during the sale, or purchased items, THANK YOU VERY MUCH. We received \$1,680 and distributed it to our 8 end-of-year benevolences. Thrivent matched 80% and one 60%. What a joy!

## MISSION OF THE MONTH: Spirit in the Desert Retreat Center Scholarship Fund

Spirit in the Desert is the only retreat center owned by the Grand Canyon Synod. It is utilized by SOV for such events as Congregational Council retreats, SOV Men's Group retreats, and staff retreats. They also offer many wonderful classes each year. The center welcomes people of all faiths to experience renewal, relaxation, and refreshment through the beauty of God's creation in the Sonoran Desert.



If you wish to support this mission, use either the "Mission Emphasis" envelope found in the pew, or mark "Spirit in the Desert" on your check. Thank you!

## SOV CONTACT INFORMATION

**Office Telephone** 602-249-1936

**Office Fax Number** 602-249-1983

### Church Office Hours

Mon.-Thurs. 8:30 a.m.-3:00 p.m., Fri & Sun. 8:30 a.m.-Noon

**Church Website** [www.sov.us](http://www.sov.us)

**Office Email** [office@sov.us](mailto:office@sov.us)

**SOV Preschool Telephone** 602-242-4684

### Church Staff - Clergy

**Senior Pastor Adrienne Heskin** - ext. 207,

[pastoradrienne@sov.us](mailto:pastoradrienne@sov.us)

**Pastor Scott Haasarud** - Spiritual Director—602-265-2500

[shaasarud@cox.net](mailto:shaasarud@cox.net)

### Staff

**Children's and Family Ministry:** Shirley Johnson ext. 202,  
[sjohnson@sov.us](mailto:sjohnson@sov.us)

**Youth and Family Ministry:** Wendy Harman ext. 223,  
[wharman@sov.us](mailto:wharman@sov.us)

### Music Ministry:

**Church Administrator:** Bill Vlcek ext. 210, [bvlcek@sov.us](mailto:bvlcek@sov.us)

**Accounting Clerk:** Joyce Robertson ext. 201, [jrobertson@sov.us](mailto:jrobertson@sov.us)

**Publishing:** Carol Carpenter ext. 203, [ccarpenter@sov.us](mailto:ccarpenter@sov.us)

**Reception:** Susan Hack ext. 200, [shack@sov.us](mailto:shack@sov.us)

**Pastor's Assistant/Scheduling:** Penny Kitch ext. 208,  
[pkitch@sov.us](mailto:pkitch@sov.us)

**Exec. Sec. Shepherd's Foundation:** Kristie Kohl ext. 211,  
[kkohl@sov.us](mailto:kkohl@sov.us)

**Preschool Director:** Donna Mund ext. 222, [dmund@sov.us](mailto:dmund@sov.us)

**The deadline for the March issue of the Shepherd's Psalm is February 17th. Please e-mail your entries to [ccarpenter@sov.us](mailto:ccarpenter@sov.us) by 5:00 p.m. on that date.**

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RETURN SERVICE REQUESTED

